

# ARE YOU READY FOR RWC 2019?



Use this simple checklist to help your club be ready to welcome new members and ensure players have a positive experience while being coached. Simply, rag rate your club on each statement to see where there is room for improvement.

# PLAYING

Can new players and their parents (if applicable) expect equal game time and playing opportunities?

Are the core values of the game upheld by spectators, parents and coaches?

Is the club's playing philosophy communicated to new players and parents?

Is there a range of playing opportunities to suit player wants and needs?

Are matches arranged at times when the players want to play, or just when it is convenient for the club? Do you know when players want to play?

Have you asked current players how the playing offer could be made better?

Are there enough referees to ensure a positive experience?

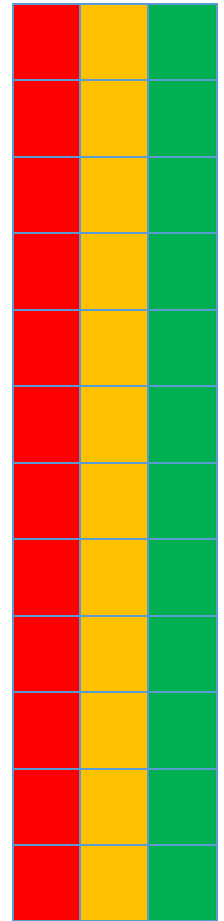
Is medical support in place to give reassurance on the side lines?

Do you have an offer for non-players? Do you have a process for creating relationships with parents & guardians? Similarly, any spectators on the touchline of a youth/senior fixture?

Are you applying the half game rule to recruit and to develop all players?

Have those involved in the Age Grade section committed to the Age Grade codes of Practice?

Has the mini section of the club taken the Quilter Kids First pledge to provide the best on and off pitch environment?



# COACHING

Is the player/coach ratio low enough to cater for all players?

Are coaches identifiable as "Coaches"?

Are coaches qualified? Licensed? How will a new player understand what this means?

Do coaches know how to induct new players into the game?

Are you sure coaches are using safe techniques and practices?

Are sessions active/purposeful/engaging enough to retain players?

Do coaches use small sided games in sessions?

Do coaches differentiate within sessions to cater for all players?

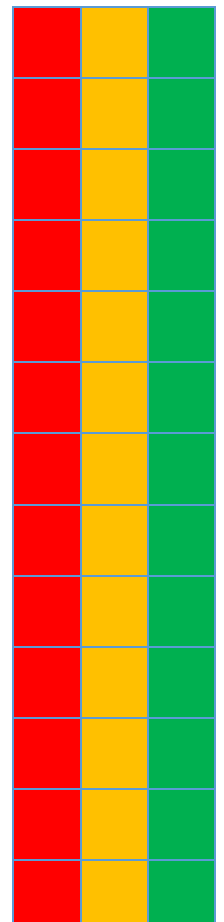
Are coaches able to assess the player's wants and needs?

Are coaching sessions at a time and place which suits player availability?

Is there enough space for the sessions to happen safely and satisfactorily?

Are changing and showering facilities adequate?

Is medical cover/support during training adequate? Will they feel safe?



# WELCOME

Is your website and social media up to date? Are opening hours and contact details correct? Are comments family friendly?

Is the first impression positive for new members as they enter your ground?

Once they arrive, do new members know what to do and where to go? Is your club well sign-posted

Is the access to your club suitable for pushchairs and wheelchairs?

Is there parking on site? Do you have designated spaces for disabled badge holders or parents with babies?

Is the smoking area clean and away from children?

Are new members made to feel welcome when they walk in?

Is your club well sign-posted internally? Is the notice board well laid out, attractive and up to date?

Have you trained your staff and volunteers to contribute to the family friendly approach?

Is the club and bar clean? (including drip trays and bar towels)

Does your club have a room available for baby feeding (not in the toilets)?

Does your club offer catering for families (children's drinks, fruit, tuck shop, etc.)?

How good is the range of food and drinks including wine, tea and coffee?

Are the lavatories for visitors kept clean, in good repair (locks, seats, hooks, flush, plugs, etc.) and accessible? Is there soap, loo roll, towels, air freshener, flowers (real or artificial) etc.?

Does your club have nappy changing facilities (that can be used by parents/guardians of either gender)? e.g. [www.magrinichildcare.co.uk](http://www.magrinichildcare.co.uk)

Are there vending machines for feminine hygiene, condoms etc.?

Do you offer activities for non-rugby playing family members?

Do you have a kit exchange?

Do you have a process in place for lost children and lost property?

Has your risk assessment considered hazards to young children (choking, finger traps, sharp edges, etc.?)

Is the culture of your club family friendly e.g. appropriate language around children?

How does everyone know about your welfare officer and policy?

Do you have a process in place to engage the parent/guardian of any young player, to encourage them to come back next week?

