



England  
Rugby

# SAFEGUARDING



## YOUR RIGHTS

You have the right to:

- Feel safe and respected in rugby
- Healthy relationships with appropriate boundaries between you and your coach
- Not to be bullied, intimidated or threatened
- Not be treated differently based on your characteristics, such as your gender, race or religion



## WHAT YOU CAN EXPECT FROM ADULTS AT YOUR CLUB

You can expect adults to:

- Treat you with respect and never intimidate or bully you
- Put your welfare and wellbeing first
- To listen to and act on any concerns you have, whether they're about you or someone else at your club
- Know and understand their safeguarding responsibilities, and how to keep you safe from harm and abuse

## DON'T KEEP WORRIES TO YOURSELF. TELL SOMEONE.

If you ever see, hear, experience or are told about anything that makes you uncomfortable, or upsets you, you can:

- Talk to your club safeguarding officer   

- Talk to a trusted adult, which may be your parent or guardian, a teacher, a coach, an official or your club safe guarding officer
- Talk to a friend, whether they're part of your rugby club or not
- For more information, scan the QR code to the left, which will take you to the Advice for Children section of the RFU website. You can also use this page to talk to us by clicking the “tell us what happened” button. Or, you can email [safeguarding@rfu.com](mailto:safeguarding@rfu.com)





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