

## RETURN TO RUGBY ROAD MAP: COMMUNITY GAME AUGUST 2020 UPDATE

AT EACH STAGE THE STATED ACTIVITY IS THE MAXIMUM PERMITTED, HOWEVER ALL ACTIVITIES IN PREVIOUS STAGES ARE ALSO PERMITTED.
FURTHER DETAILED GUIDANCE ON ALLOWABLE ACTIVITIES AT EACH STAGE WILL BE PROVIDED.

TIMELINE -

**CURRENT STATUS** 



### INDIVIDUAL TRAINING WITH ONE OTHER PERSON

Socially distanced training (max 2 players)

Maintain social distance

No equipment sharing



#### SMALL GROUP TRAINING

Socially distanced training (max 6 players)

No face to face (F2F) /close contact

Equipment sharing kept to a minimum



#### NON CONTACT TRAINING & INTRA CLUB MATCHES

Ready4Rugby &
Touch Rugby training
(max 20 players,
based at own club only)



#### ADAPTED CONTACT TRAINING & NON CONTACT FIXTURES

Low & medium risk training activities (restricted numbers)

A full list of permitted training activities will be provided



#### **ADAPTED CONTACT FIXTURES**

Low, medium & increased risk training activities (full squad)

Progression (TBC) to full contact match training



#### RETURN TO MATCH PREP & PLAYING

Return to full contact match play

# ALL ACTIVITY TO INCLUDE APPROPRIATE SOCIAL DISTANCING, STRONG PERSONAL HYGIENE MAINTENANCE, AND FOLLOW THE LATEST RFU & GOVERNMENT GUIDANCE.

No competitive or formal playing opportunities at this stage



No competitive or formal playing opportunities at this stage



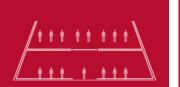
Non Contact training & intra club matches



Inter-club Ready4Rugby & Touch Rugby fixtures with restricted numbers



Adapted laws inter-club fixtures (Not league)



Full 15-a-side league fixtures



TRAINING