

RUGBY UNION PLAYER RISK ASSESSMENT TEMPLATE

This template risk assessment can be used to review and identify evidence of an individual's physical development, technical ability, and rugby competency. This evidence should be used to determine if the individual is competent and confident both physically and from a rugby skill level to participate at an appropriate level, that is competitive and comparable to their team-mates/opposition.

An appropriately qualified coach/teacher who has experience in coaching rugby union at the level in which the player is proposing to participate should complete this risk assessment.

COACH ASSESSMENT	
Applicant's Name:	
Assessor's Name and Role: <i>(e.g. appropriately qualified coach /teacher)</i>	
Date of Assessment:	
Venue and details of assessment (e.g., full squad training, small group session)	
GENERAL INFORMATION	
Is the player's rugby experience appropriate to compete fairly and safely at a comparable level to their team-mates/opposition?	
Rugby background: Amount of rugby hours, how much rugby training and playing experience do they have (compared to what would be expected for the age/level)?	

Number of years rugby playing experience:	
Please provide details of other sports experience, to include time period, age group, different environments, and levels:	
Position(s) previously played (if applicable):	
Proposed Playing position(s): <i>(Individuals wanting to play in the front row should undergo additional assessment criteria, see Rugby Ability section)</i>	

PHYSICAL CHARACTERISTICS

Does the player's level of physical development and / or fitness allow the player to compete fairly and safely at a comparable level to their team-mates/opposition?

COMPETENCY	COMMENTS
Physical development/ presence and athletic ability <i>The player's physical development and presence does not present an unfair competitive advantage or deficit to either themselves or others</i>	



RUGBY ABILITY / SKILL LEVEL

Does the player's rugby ability and skills allow the player to compete fairly and safely at a comparable level to their team-mates/opposition?

COMPETENCY

COMMENTS

Tackle competency

- Safe and competent tackle technique
- Safe and appropriate body position and point of contact

Breakdown contest

- Safe and competent in the ruck
- Safe and competent technique in the maul

Set piece ability (e.g., scrum / lineout). If applicable based on playing position. State position/role (e.g., front row, lifter).

- Safe and competent scrummager (attack and defence).
- Safe and competent lifting technique in the lineout (attack and defence).

General Rugby Skill/Ability (e.g., catch & pass, evasion skills, kicking)

- Rugby specific skill competency allow the player to participate safely

RUGBY CONFIDENCE / MIND-SET

Is the player's rugby confidence/mind-set aligned to their ability/skill-set and are they able to compete fairly and safely at a comparable level to their team-mates/opposition?

COMMENTS

OVERALL ASSESSMENT

Based on the observation, is the player deemed competent and able to participate safely and at a comparable level to their team-mates/opposition?

YES

NO

COMMENTS/RATIONALE

Any reasonable/practical mitigations required?