



AGE GRADE RUGBY

Game On Adapted Contact Format

FOR AUGUST
SUMMER ACTIVITY FRAMEWORK

UNDER 14 to UNDER 18

GAME ON ADAPTED CONTACT - FOR AUGUST



- These adaptations to the full rules of play apply, under the Summer Activity Framework, to festivals/fixtures played at **Under 14 to Under 18** from 1st August to the start of the Age Grade season in September.
- If players are not ready to safely play to this format, there is flexibility to reduce the progression level or continue Tag, Touch Union & XRugby. However, stepping beyond the threshold is **not** permitted.

MAUL

Mauls (Law 16) can take place but cannot restart a second time. Referees will communicate clearly when the maul has stopped and the team have to “use it.”

LINEOUT

From a Lineout (Law 18), moving the maul or ruck beyond the mark of touch can only occur within the 22m area. When this happens, only players who were participating in the lineout originally may join it.

SCRUM

At Scrums (Law 19) only the hookers may strike for the ball. Neither team may push. The ball must be heeled to a position to be available to be played within five seconds. The referee calls “use it” and the team must do so within three seconds.

PENALTY & FREE KICK

There is no option to take a Scrum at a Penalty or Free Kick (Law 20).



England
Rugby

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