

RFU REGULATIONS

RFU REGULATION 16 – ADULT WOMEN COMPETITIONS (APPENDIX 1)

Women's Variations to the World Rugby Laws of the Game

All matches played under the jurisdiction of the RFU and/or in RFU Women Competitions or any other competition or merit table must be played in accordance with the World Rugby Laws (including any variations or trials that may be adopted by the RFU) and any such other additional RFU law variations agreed by the RFU in respect of a specific league or competition. The RFU law variations pertaining to the adult women's competition at Championship and below are as set out in this Appendix 1:

1. Squad Sizes

In Championship North & South, Championship 2 and National Challenge 1 and below, the maximum squad size is 22 players.

2. Law Variations

Championship 1 North & South

Rolling substitutions are permitted in accordance with the regulations set out Regulation 13, Appendix 2.

Championship 2 and National Challenge 1

Rolling substitutions are permitted in accordance with the regulations set out Regulation 13, Appendix 2.

National Challenge 2 and below only

Rolling substitutions are permitted in accordance with the regulations set out in Regulation 13, Appendix 2.

All matches shall be played in accordance with the World Rugby Under 19 Law Variations and the following:

Team numbers: Matches can be played with reduced numbers of either 10 or 12 a side. 12 a side will comprise of 6 forwards and 6 backs (front row, second row, number 8). The lowest number of Players a team can play with is 10. In all matches, there must be the same number of players from each team on the field of play, subject to the Laws of the Game.

3. Uncontested Scrums

Championship North & South, Championship 2 and National Challenge 1

In the event of a team being unable to field a suitably trained front row at the start of any match, the Referee will order uncontested scrums and the team responsible for causing the uncontested scrum shall be deemed to have lost the match, but will not have a default awarded against them if they turn up to play the fixture.

A team unable to field a suitably trained front row should still make every effort to fulfil their fixture with uncontested scrums in order to avoid being awarded a default.

National Challenge 2 and below

In the event of a team being unable to field a suitably trained front row at the start of any match or during the match, the Referee will order uncontested scrums and the result of the match shall stand.